

# Contents

<i>List of Figures and Tables</i>	<i>vii</i>
<i>List of Acronyms and Abbreviations</i>	<i>xiii</i>
<b>Chapter 1 What is a Heat Island?</b>	<b>1</b>
Heat island definition	1
Impacts of heat islands	2
Characteristics of heat islands	2
<b>Chapter 2 Causes of the Heat Island</b>	<b>15</b>
Introduction	15
Energy balance	16
Reduced evaporation	17
Increased heat storage	18
Increased net radiation	20
Reduced convection	21
Increased anthropogenic heat	22
Interplay of heat island causes	23
<b>Chapter 3 Measuring and Modelling Heat Islands</b>	<b>27</b>
Measuring heat islands	27
Modelling heat islands	35
<b>Chapter 4 From Heat Islands to Cool Communities</b>	<b>43</b>
Typical land use characteristics	43
Typical roofing materials	46
Cool roofing materials	48
Typical paving materials	49
Cool paving materials	51
Thermal properties of materials	52
Cooling with trees and vegetation	52
Potential for cooling	53
<b>Chapter 5 All About Cool Roofing</b>	<b>57</b>
Introduction	57
Cool roofing definition	57
Types of cool roofing	63
Benefits of cool roofing	71
Other cool roof considerations	79
<b>Chapter 6 All About Cool Paving</b>	<b>85</b>
What is cool paving?	85
Types of cool paving	85

Benefits of cool paving	100
Other cool paving considerations	103
<b>Chapter 7 Cooling with Trees and Vegetation</b>	<b>109</b>
Introduction	109
Benefits and costs of trees and vegetation	109
Effective landscaping for cooling	121
Green roofing, or garden roofing	128
<b>Chapter 8 Community Benefits from Heat Island Mitigation</b>	<b>139</b>
Introduction	139
Temperature reductions	139
Energy savings	140
Air quality improvements	141
Human comfort and health improvements	146
Stormwater run-off reductions	148
Maintenance and waste reduction	150
Quality of life benefits	151
<b>Chapter 9 Cool Community Action Plan</b>	<b>155</b>
Motivate	155
Investigate	158
Educate	162
Demonstrate	164
Initiate	167
Legislate	172
More action opportunities	177
The cool revolution	183
<i>Index</i>	187