



SOFT & MOIST SWEETENED DRIED CRANBERRIES
UPC 94514 92008 94530 03477 98012
NUTRITIONAL ANALYSIS

Per 100 grams

Calories	338.50
Calories from Fat	5.82
Total Carbohydrates	82.96 g
Sugars	73.69 g
Dietary Fiber	7.55 g
Protein	0.38 g
Total Fat	0.68 g
Saturated Fat	0.12 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	16.16 g
Ash	0.12 g
Vitamin A	52.85 IU
Vitamin C	3.90 mg
Calcium	6.54 mg
Iron	0.16 mg
Copper	0.04 mg
Magnesium	3.87 mg
Niacin	0.10 mg
Phosphorus	7.65 mg
Potassium	55.03 mg
Riboflavin	0.03 mg
Sodium	4.86 mg
Thiamin	0.02 mg
Zinc	0.12 mg

This analysis represents an average sampling. Jan 2015

Ocean Spray Cranberries Ingredient Technology Group

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